



**Inland Coalition
on Aging**

Monthly Meeting

August 27, 2024

[Inlandaging.org](https://www.inlandaging.org)

Agenda

Welcome

Key Points from Last Meeting

IE-MPA Updates

Housing Panel

Next Meeting

Last ICA Meeting and IE-MPA Updates

Carmen Estrada, MPA

ICA Treasurer

Key Points

**Dakota Brown |
WADE Alliance |
RUHS-BH**



- Disability Pride
- History of the Adults with Disability Act
- Ableism
- Types of disabilities
- What are the negative impacts of it and how Ableism affects Caregivers, Adults with Disabilities, and Older Adults.
- What are ways to combat it and how to be an ally - Personally, professionally, as an agency.
- Resources to help implement change

Updates

- **Submitting our application for AARP Age Friendly Network for Riverside County with our Board of Supervisors letter of support**
 - San Bernardino County is still pending letter of support
- **Quick introduction at the Big Bear APS MDT monthly meeting on July 25**
- **IEDC Presentation Tuesday, August 20th**
- **Community Awareness LiveStreams- Next Tuesday August 27th**
 - Posted on Youtube, linked on website.
 - youtube.com/@InlandCoalitionOnAging
 - Would *YOU* like to be our host?
 - If interested let us know for further information.
- **ICA Annual Conference - Volunteer and Sponsorship opportunities available**
 - September 27, 2024 from 9AM - 2PM
 - If interested please contact us.

info@inlandaging.org

Help Us Spread the Word

Marketing Tools [InlandAging.org/media](https://www.inlandaging.org/media)

- Share ICA brochures and informational flyers at your outreach events.
- Post on your social media using our Social Media Kit
- Share emails you receive from us with other professionals in your community.
- Invite someone to attend an ICA meeting and become a member

ICA LinkedIn – Follow us!

<https://www.linkedin.com/company/inland-coalition-on-aging/>

Interested in a presentation about ICA/IE-MPA? Email us at info@InlandAging.org

Housing Conversation

Dr. Ben Jauregui, ICA Chair

**Kristin Maithonis, Director of Housing Services,
Housing Authority of the County of San
Bernardino**

**Tanya Torno, Deputy Director, Continuum of Care
Housing and Workforce Solutions**

The Inland Empire Master Plan for Aging
On the Road to Aging Well



Please join us:

September 27th, 2024 | 9am-2pm

Inland Empire Health Plan (IEHP)

10801 Sixth Street
Rancho Cucamonga, CA 91730

*We look forward to
seeing you!*

RSVP HERE:



Workgroups

Behavioral Health (Meeting as needed)

- Dr. Sadewater from Age Wise, Dr. Belford-Saldana from San Bernardino Behavioral Health Department
- Tony Ortego , LMFT, Behavioral Health Services Administrator, Older Adult Integrated System of Care, Riverside University Health System - Behavioral Health

Transportation (Meeting as needed)

- Heather Menninger, President AMMA Transit Planning Inc.

Caregiving & Alzheimer's and all other Dementias (Meeting as needed)

- Susan Howland, MSG, Senior Director of Programs, Alzheimer's Association Southland
- Carmen Estrada, Executive Director, Inland Caregiver Resource Center

Housing (4th Wednesday of month 2:30pm – 3:30pm)

- Tanya Torno, MSW, Deputy Director, Continuum of Care, Housing and Workforce Solutions
- Dr. Ben Jauregui, DSW, Manager, Integrated Transitional Care, UM - Transition of Care, Inland Empire Health Plan

Next Meeting

Tuesday

October 22, 2024

11:00 am - 12:00 pm



**Inland Coalition
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Remember to complete the post-meeting survey to let us know how we did.

Thank You!

For more information, please visit: [Inlandaging.org](https://www.inlandaging.org)